SARAH M. ELSWICK, MD, MBA

Curriculum Vitae

1845 Livernois Rd, Troy, Michigan 48083, 248-524-0620

EDUCATION

The Ohio State University, Columbus, Ohio
Bachelor of Science in Biology June 2008
Bachelor of Science in Business Administration in Operations Management June 2008

Wright State University, Dayton, Ohio
Doctorate of Medicine May 2013
Master of Business Administration in Health Care Management May 2013

Mayo Clinic, Rochester, Minnesota
General Surgery Resident June 2013 to June 2016
Plastic Surgery Resident July 2019

PROFESSIONAL EXPERIENCE

NASA Glenn Research Center, Cleveland, Ohio May 2005 to September 2005
Engineering Student Trainee, Power and Propulsion Office
- Wrote computer programs for unmanned aerial vehicles, fuel cells, and solar arrays.
- Compiled information about graphical user interfaces in MATLAB into a user guide for nearly 20 co-workers.

Park Avenue Vision Clinic, Mansfield, Ohio June 2006 to September 2006
Optometric Assistant

The Ohio State University Medical Center, Columbus, Ohio September 2007 to September 2008
Student Assistant, Neurology Outpatient Clinic

The Ohio State University Medical Center, Columbus, Ohio September 2008 to July 2009
Patient Services Associate, Division of Plastic Surgery

Wright State University Boonshoft School of Medicine, Dayton, Ohio August 2010 to December 2010
Tutor in Human Structure and Molecular Basis of Medicine

International Service Learning, Dayton, Ohio August 2010 to July 2011
Student Representative
- Recruited students pursuing health professions for service learning trips in Central and South America.
- Organized three different trips as a liaison between the school and International Service Learning.

Revitalize Plastic Surgery, Troy, Michigan July 2019 to October 2023
Formerly Michael J. Schenden, MD, PC
Associate
- Performed plastic, reconstructive, and aesthetic surgery.

Sarah Elswick, MD, PLLC, Troy, Michigan November 2023 to present
Owner
- Performed plastic, reconstructive, and aesthetic surgery.

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LICENSURE AND CERTIFICATION

State Licensure
Michigan

Board Certifications
United States Medical Licensing Examination (USMLE) STEP 1, 2, and 3
American Board of Plastic Surgery

Other Certifications
Basic Life Support (BLS)
Advanced Cardiac Life Support (ACLS)

HONORS AND AWARDS

Purdue University, West Lafayette, Indiana
Valedictorian Scholarship, Purdue University Special Achievement Prize Grant, Women in Engineering Merit Award, Honors Engineering Program and Learning Community, and Dean's List and Semester Honors

The Ohio State University, Columbus, Ohio
John L. Morley Scholarship, Scarlet and Gray Scholarship, Trustees Scholarship, George and Pam Fonseca Scholarship, Dean's List, Charles R. Underhill Scholarship, Sharp Memorial Scholar, Summa Cum Laude

Wright State University, Dayton, Ohio
Boonshoft Leadership Scholar, Academy of Medicine Student Excellence Award, Dan W. Elliot Award for Excellence in Surgery, American Medical Women's Association Glasgow-Rubin Citation for Academic Achievement

Mayo Clinic, Rochester, Minnesota
International Health Program Scholarship
- Completed a five-day medical mission trip, performing surgeries in Jalpatagua, Gautemala.

Revitalize Plastic Surgery and Medical Spa, Troy, Michigan
Dr. Elswick
- Hour Detroit Top Doctor in Plastic Surgery (2021-2026), Leading Physicians of the World, Marquis Who's Who

Revitalize Plastic Surgery
- BusinessRate Best of 2026 Troy

Revitalize Medical Spa
- BusinessRate TOP 3 of 2026 Troy

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LEADERSHIP AND VOLUNTEER EXPERIENCE

Mauzy Emerging Leaders Program, West Lafayette, Indiana — August 2004 to May 2005

Golden Key International Honour Society, Columbus, Ohio — September 2005 to June 2009
Board Member- Treasurer, President, and Graduate Advisor

The Ohio State University Medical Center, Columbus, Ohio — January 2006 to March 2006
Volunteer, Department of Ophthalmology

International Health Program, Dayton, Ohio — August 2009 to June 2011
- Volunteered in free medical clinics for two weeks in Costa Rica and Nicaragua.

Boonshoft Physician Leadership Development Program, Dayton, Ohio — August 2009 to May 2013

Surgery Club, Dayton, Ohio — August 2009 to May 2013
Board Member- Vice President of Finance

Reach Out Montgomery County, Dayton, Ohio — August 2009 to May 2013
- Volunteered at a free clinic for the uninsured.

Internal Review Meeting Representative, Rochester, Minnesota — September 2013

Mayo Fellow's Association, Rochester, Minnesota — July 2014 to July 2019
Board Member- Treasurer and Secretary

Depuy Synthes Future Leaders Program, Rochester, Minnesota — July 2016 to July 2019

Medical Mission Trip, Smile Network International, Patzun, Guatemala — May 2019
- Assisted with cleft lip and palate surgeries through Smile Network International.

PROFESSIONAL MEMBERSHIPS

American Medical Student Association — August 2009 to May 2013
Board Member- Vice President of Finance, Wright State University — June 2010 to May 2011
American Medical Association — August 2009 to present
Phi Rho Sigma Medical Service Fraternity — August 2009 to present
American College of Surgeons — March 2012 to June 2016
Medical Student and Resident Member
Alpha Omega Alpha Honor Medical Society — September 2012 to present
Beta Gamma Sigma International Business Honor Society — 2013 to present
Zumbro Valley Medical Society — July 2013 to June 2019
American Society of Plastic Surgeons, Resident Member — July 2016 to June 2019
Annual Meeting Program and Instructional Course Committee — October 2017 to October 2019
Coding and Payment Policy Subcommittee — October 2017 to October 2019
Practice Management Committee — October 2017 to October 2018
American Society of Plastic Surgeons, Member — July 2022 to present
American Society for Laser Medicine and Surgery — September 2016 to October 2019
American Society for Surgery of the Hand — November 2016 to June 2019
American Society for Reconstructive Microsurgery — March 2018 to June 2019
The Aesthetic Society, Member — January 2023 to current

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PUBLICATIONS

"Mature Sacrococcygeal Teratoma." *MEDPIX*. 18 January, 2013 <http://rad.usuhs.edu/ medpix/tf_ case.html?mode=tf_case&pt_id=14258>.

"Endobronchial-Guided Vascularized Tissue Flaps for a Bronchopleural Fistula." Annals of Thoracic Surgery. 2017 Jul;104(1):e1-e3.

"Muscle Sparing Thoracotomy." Operative Techniques in Thoracic and Cardiovascular Surgery: A Comparative Atlas. 2017, 22:110–121.

"Breast Erythema in a Patient with Breast Implant-Associated Anaplastic Large Cell Lymphoma: A Case Report Discussing Cutaneous Manifestations." Aesthetic Surgery Journal. 2017 November.

"Prepectoral Implant-Based Breast Reconstruction with Post-Mastectomy Radiation Therapy." Plastic and Reconstructive Surgery. 2018 Jul;142(1):1-12.

"Medial Approach to the Peroneal Vessels as Recipients for Free Flap Reconstruction of the Leg." Microsurgery. 2019 May 10. 2020;40:229–233. https://doi.org/10.1002/micr.30462.

"A Reconstructive Algorithm after Thigh Soft Tissue Sarcoma Resection including Predictors of Free Flap Reconstruction." Journal of Plastic and Reconstructive Surgery. 2019 May 16. [Epub ahead of print].

"Post-Mastectomy Intensity Modulated Proton Therapy after Immediate Breast Reconstruction: Initial Report of Reconstruction Outcomes and Predictors of Complications." Radiotherapy and Oncology: Journal of the European Society for Therapeutic Radiology and Oncology. 2019 Jun 8;140:76-83.

"Complications after Thigh Sarcoma Resection." Journal of Surgical Oncology. 2020 April 12;121:945–951. https://doi.org/10.1002/jso.25830.

"Risk Factors for Lymphedema after Lower Extremity Sarcoma Resection and Reconstruction." Plastic and Reconstructive Surgery Global Open. 2020.

PRESENTATIONS

The Keys to Effective Leadership Transition, Golden Key International Honour Society Regional Leadership Training Conference. 2009

Major Oncologic Defects of the Thigh: Trends in Reconstruction and Complication Profiles Based on Location, Senior Residents Conference, Plastic Surgery the Meeting, Boston, Massachusetts. Presented by Wu, P. October 2015

Prepectoral Implant-Based Breast Reconstruction with Post-Mastectomy Radiation Therapy, Young Investigators Research Symposium, Mayo Clinic, Rochester, Minnesota. March 2018

Prepectoral Implant-Based Breast Reconstruction with Post-Mastectomy Radiation Therapy, Senior Residents Conference, Plastic Surgery the Meeting, Chicago, Illinois. September 2018

First Report of Toxicity and Reconstruction Outcomes of Intensity Modulated Proton Post-Mastectomy Radiotherapy in Women with Immediate Tissue Expander Breast Reconstruction, American Society for Radiation Oncology Annual Meeting, October 2018, San Antonio, Texas. Presented by Smith, N.L. October 2018

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A Reconstructive Algorithm after Thigh Soft Tissue Sarcoma Resection Including Predictors of Free Flap Reconstruction, American Society for Reconstructive Microsurgeons, Palm Desert, California. February 2019

PREVIOUS RESEARCH

Clinical Trials for Anti-Epileptic Medications, The Ohio State University Medical Center, Columbus, Ohio. March 2008 to June 2008